

Ergonomics and movement



For active and healthy working

se:fit actively fosters healthy movement and the change of posture at work.



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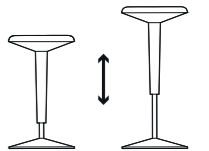
se:fit

Bringing more movement into the office

What is the best position to work in?
Sitting or standing?



The best posture is always the next one you switch to



Dance the samba in the office

se:fit makes it easy to enhance movement and add variety into every working day

Standing or leaning

The perfect perch for working at a height-adjustable desk or high desk.



Sitting comfortably

A temporary alternative to swivel chairs encourages a change of posture.

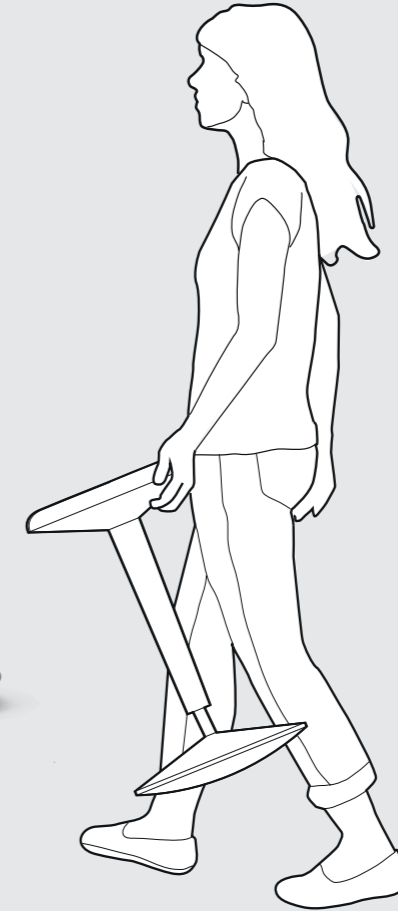


Collaboration

The portable se:fit stool enables spontaneous collaboration with colleagues.

Designed for comfort and stability

The concave seat and the sloping front edge ensure lasting comfort and secure support.



Intuitive and easy to adjust

Ergonomically positioned controls are intuitive and stepless adjustable for every situation.

Always a good match

The height can be adjusted from 53–80 cm, opening up a wide range of possibilities.



Fits in everywhere

se:fit is available in two stylish colours.



white



black

Easy to take anywhere

The se:fit can be easily carried in just one hand thanks to its grippable edge.